

MAGNA Omega-3 contains an ideally balanced ratio of eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA) in a convenient once-daily softgel.

Each softgel contains 1400 mg of highly concentrated purified pharmaceutical grade fish oil, 420 mg of EPA and 350 mg of DHA. Sourced from fresh, cold water fish off the coast of South America and molecularly distilled to ensure purity. MAGNA Omega-3 is purified and tested for pesticides, PCBs, mercury, and other heavy metals, contains no omega-6s and has a natural lemon flavor.

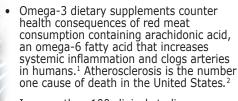
Each bottle contains 90 softgels for only \$29.95, which is 33 cents per day!



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Medical Journal References Regarding Omega-3 Cardiovascular Health Benefits



In more than 100 clinical studies, investigators demonstrated reduced cholesterol and triglycerides after concentrated omega-3 dietary supplementation.³

In 25 studies involving 280,000
 participants, De Caterina⁴ reported
 an inverse association between fish
 consumption, blood levels of omega-3
 fatty acids, and morbidity or mortality
 from coronary heart disease. Other
 positive cardiovascular outcomes include:
 lowered triglycerides, reduced risk of
 sudden cardiac death, decreased systemic
 inflammation, slowed buildup of
 atherosclerotic plaque, and reduced risk of
 thrombosis and stroke.

- Saravanan, Davidson et al.⁵ presented evidence of omega-3 efficacy in reducing triglycerides and reducing heart failure.
- Recommended effective daily EPA/DHA dosage between 1 gram to 4 grams per day, depending upon triglyceride level acuity and patients' regular dietary consumption of omega-3 fatty fish.
- Omega-3s provide a mild reduction in blood pressure and pulse rate.⁶

References: **1.** Siddiqui et al., The British Journal of Nutrition, 2009. **2.** Venes, Taber's, 2009. **3.** London er al., Circulation, 2011. **4.** The New England Journal of Medicine, 2011. **5.** The Lancet, 2010. **6.** Hoy & Keating, Drugs, 2009.

Supplement Facts Serving Size 1 Softgel Servings Per Container 90	3	
Amount Per Serving		% Daily Value
Calories	15	
Total Fat	2 g	3%*
Fish Oil	(1,400 mg) 1.4 g	**
EPA (eicosapentaenoic acid)	420 mg	**
DHA (docosahexaenoic acid)	350 mg	**
*Percent Daily Values are based on a 2,000 calorie diet. **Daily Value not established		
Other ingredients: Gelatin, glycerin, water, natural flavors, mixed tocopherols.		

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